

## WEEKLY CLASSES - CALL 316-942-6300 TO REGISTER!

## MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

10:00 am—12:00 pm Cooking Class

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10:00 am – 12:00 pm Virtual cooking

class

11:00 am - 1:00 pm Cooking Class

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10:00 am—12:00 pm Cooking Class

3<sup>rd</sup>Wednesday of the month Advocacy and Advisory meeting

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11:00 am—1:00 pm Cooking Class

1<sup>st</sup> Thursday of the month Advocacy and Advisory meeting

10:00 am—12:00 pm 1:00 pm—3:00 pm Arts and Crafts classes based on participation.

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No Scheduled

Classes \*\*

\*\* Individual and small group classes are available for the following areas: Budgeting Skills, Reading, Math, Life Skills, Peer Support and Basic Computer Skills. All classes are held at ILRC unless prior arrangements are made.

Prior registration is needed to attend classes at ILRC.
Please call and discuss options with one of our Consumer Advocates.

## Independent Living Resource Center - 3033 W 2nd St N - Wichita, KS 67203 - 316-942-6300

If you require accommodations to participate, please notify ILRC one week in advance. ILRC is accessible by City of Wichita Transit and paratransit bus services.