



**Independent Living**  
**RESOURCE CENTER**

**WEEKLY CLASSES - CALL 316-942-6300 TO REGISTER!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 am—12:00 pm Cooking Class  **	10:00 am – 12:00 pm Virtual cooking class  11:00 am – 1:00 pm Cooking Class  **	10:00 am—12:00 pm Cooking Class  3 <sup>rd</sup> Wednesday of the month Advocacy and Advisory meeting  **	11:00 am—1:00 pm Cooking Class  1 <sup>st</sup> Thursday of the month Advocacy and Advisory meeting  10:00 am—12:00 pm 1:00 pm—3:00 pm Arts and Crafts classes based on participation.  **	No Scheduled Classes  **

**\*\* Individual and small group classes are available for the following areas: Budgeting Skills, Reading, Math, Life Skills, Peer Support and Basic Computer Skills. All classes are held at ILRC unless prior arrangements are made.**

**Prior approval is needed to attend classes at ILRC.**

**Please call and discuss options with one of our Consumer Advocates.**

**Independent Living Resource Center - 3033 W 2nd St N - Wichita, KS 67203 - 316-942-6300**

**If you require accommodations to participate, please notify ILRC one week in advance.  
ILRC is accessible by City of Wichita Transit and paratransit bus services.**