



Independent Living
RESOURCE CENTER

WEEKLY CLASSES - CALL 316-942-6300 TO REGISTER!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 am—12:00 pm Cooking Class 12:30 pm—4:00 pm Arts & Crafts **	No Scheduled Classes **	11:00 am—1:00 pm Cooking Class 1:00 pm—3:00 pm <u>2nd & 3rd Wednesday</u> Disability Advocates for Action Meeting (DA4A) **	11:00 am—1:00 pm Cooking Class 10:00 am—4:00 pm Arts & crafts 11:00 am—1:00PM 1st Thursday of the month Wichita Disability Rights Advocates (WDRA) 1:00 pm—2:00 pm Fitness Class **	No Scheduled Classes **

**** Individual and small group classes are available for the following areas: Budgeting Skills, Reading, Math, Life Skills, Peer Support and Basic Computer Skills. All classes are held at the Independent Living Resource Center (ILRC) office unless prior arrangements are made.**

Please call prior to attending a class for the first time to discuss our services and program guidelines with an ILRC Consumer Advocate.

If you require accommodations in order to participate please notify ILRC one week in advance.

ILRC is accessible by City of Wichita Transit and paratransit bus services.

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3033 W 2nd St N

Wichita Ks 67203