



# Independent Living RESOURCE CENTER

## WEEKLY CLASSES - CALL 316-942-6300 TO REGISTER!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>10:00 am—12:00 pm Cooking Class</p> <p>12:30 pm—4:00 pm Arts &amp; Crafts</p> <p>**</p>	<p>No Scheduled Classes</p> <p>**</p>	<p>11:00 am—1:00 pm Cooking Class</p> <p>1:00 pm—3:00 pm <u>2nd &amp; 3rd Wednesday</u> Disability Advocates for Action Meeting (DA4A)</p> <p>**</p>	<p>11:00 am—1:00 pm Cooking Class</p> <p>10:00 am—4:00 pm Arts &amp; crafts</p> <p>1:00 pm—2:00 pm Fitness Class Music and Movement</p> <p>**</p>	<p>No Scheduled Classes</p> <p>**</p>

**\*\* Individual and small group classes are available based on need for the following areas: Budgeting Skills, Reading, Math, Life Skills, Arts & Crafts, Book Club, Peer Support and Basic Computer Skills. All classes are held at the Independent Living Resource Center (ILRC) office unless prior arrangements are made with a Consumer Advocate.**

**Please call prior to attending a class for the first time to discuss our services and program guidelines with an ILRC Consumer Advocate.**

**If you require accommodations in order to participate please notify ILRC one week in advance.**

**ILRC is accessible by City of Wichita Transit and paratransit bus services. ILRC is unable to provide transportation.**

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**3033 W 2nd St N**

**Wichita Ks 67203**

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